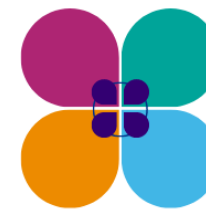




Mental Health Transformation

3rd October 2022





A Lead Provider model

Mental health, learning disabilities and autism

Black Country Integrated Care Board (ICB) has entered into a single contract with BCHFT to commission the entirety of the (in-scope) mental health, and learning disabilities and autism pathway for the Black Country population.

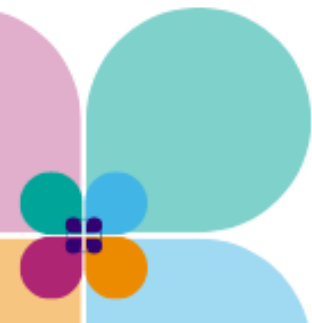
Black Country ICB retains its statutory responsibilities including with regards to quality assurance.

As lead provider, BCHFT has clear quality assurance processes in place for the enhanced responsibilities including management of sub-contracts, and a clear joint process with the ICB regarding placements.

As lead provider, BCHFT will be accountable for the systems performance with regards to mental health, learning disabilities and autism (transformation and strategic performance).

Black Country ICB and BCHFT will agree the 'outcomes' that BCHFT as the lead provider will deliver.

As Lead Provider BCHFT determines the best arrangements to deliver these outcomes, including through collaborative working with system partners, contracting with other providers and driving transformation.



Case for Change and benefits

Case for change



Addressing unwarranted variation in access and outcomes driven by legacy of fragmented commissioning and provision



Achieving a more coordinated approach to strategic plans in a complex architecture



Platform to achieve national ambitions e.g. Transforming Care and Long Term Plan – benefitting from scale



Incentivising the front line e.g. elimination of inappropriate out-of-area placements



Breaking down artificial barriers between partners / agencies – making best use of collective strengths



Advancing health equalities through stronger voice/influence and accountability – ensuring needs of under-served communities considered across whole pathway



Workforce development and expansion through collaboration - a one-workforce approach

Benefits



Better experiences and outcomes for the people we support



Opportunity to develop a shared vision and strategy for services, driving more integrated pathways of care



More engagement and co-production with people with lived experience, communities and the voluntary sector



A direct and mutually beneficial working relationship with partners across health and care, including local authorities and the voluntary sector



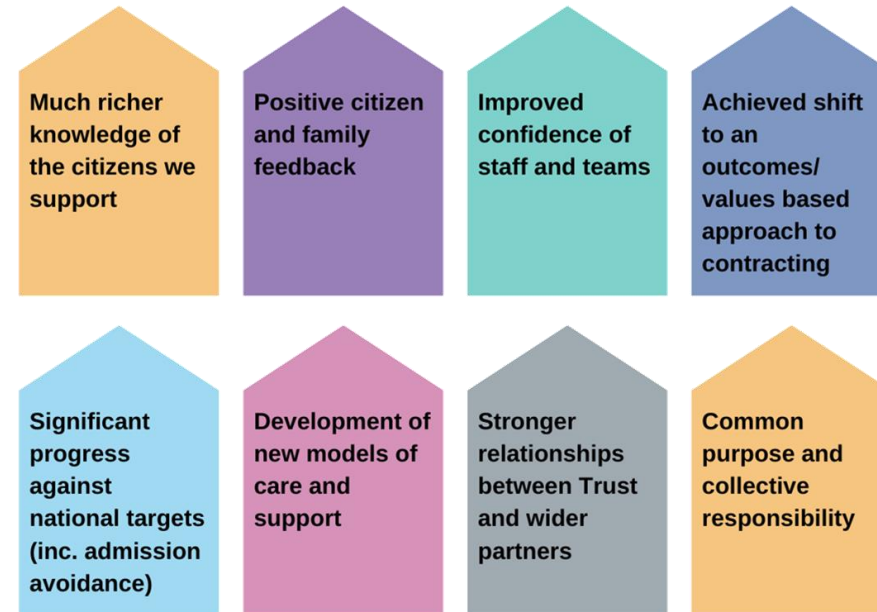
More involvement for professionals, managers and teams in driving change for the benefit of our communities

BCHFT as 'Lead Provider' for Learning Disabilities

- When we became Lead Provider for learning disabilities, the Black Country learning disabilities and autism inpatient rate was 53 people per million population - **this is now 36** (national average 41)
- Achieved by embedded, collaborative leadership approach with joined-up working, and more pro-active and innovative community solutions
- Reducing constraints of organisational boundaries increased admission avoidance, improved admission and discharge planning, and reduced delays in decision-making and processes
- Black Country Transforming Care Partnership (TCP) now perform above national average, both for proportion of adults, and children and young people, in inpatient settings (previously poorly performing)



Benefits evidenced in Learning Disabilities



Big conversations across the Black Country



During August to November 2020 we talked to people across the Black Country to help us shape our future direction and priorities.

Who we talked to and what we discussed

Our stakeholders

NHS and local authority; Healthwatch; community groups and organisations; advocates.

6 VIRTUAL EVENTS
Dudley, Sandwell, Walsall, Wolverhampton, Black Country, autism

160 people talked to us

What does the very best healthcare look like in three years' time? How do we achieve this?

How do we collaborate to make change happen?

What are the challenges? What do we need to focus on?

Our communities

Service users; patients; families; carers; Trust members; community groups; members of the public.

3 VIRTUAL EVENTS
mental health

1 SURVEY
service users' Covid experience

350 people talked to us

What if...you could change mental health services? What would you do? How would you do it? Who would you involve?

Tell us about your care!

Our staff and governors

Doctors; nurses; psychologists; allied health professionals; healthcare support; governors; Board of Directors.

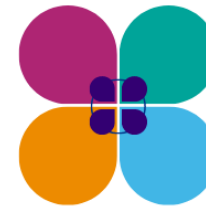
9 VIRTUAL EVENTS
across our services, including suicide prevention and an event for governors

220 people talked to us

What does the very best healthcare look like in three years' time? How do we achieve this?

How do we have the greatest impact?

How can we engage better with local communities?



Black Country Mental Health, Learning Disabilities and Autism



Re-imagine:
What if you could change mental health services?

Reimagining mental health services...

...across the Black Country

Join us for a conversation about the future of mental health services over the next three years, including:

- A 'lead provider' of mental health services
- Transforming community mental health services
- Caring for our children and young people's mental health
- Developments such as employment support, providing Black Country hospital stays for those who need one, and support for women who are pregnant and new mothers

We are looking forward to seeing you



OLDER ADULTS THERAPEUTIC SERVICES (OATS)

A NEW SERVICE ACROSS THE BLACK COUNTRY

Our new service for older adults experiencing mental health problems is built on principles of recovery through community connection, and therapeutic and meaningful support (including from peers).

A Black Country hub with support available in Dudley, Sandwell, Walsall and Wolverhampton means people will have a choice about where they access groups.

Join our online launch event to find out more about the new service and those services it now brings together.*

LAUNCH EVENT

25 May
1-3pm

Together with you to achieve healthier, happier lives

Wednesday
6 October
2-5pm

You will receive MS Teams calendar invite from our community

on MS Teams

Learning disabilities webinar

Thursday 17 February

10-11.30am
on ZOOM

Register: bch-ld-webinar2022.eventbrite.co.uk

Join our friendly and informal webinar to learn more about our learning disabilities services and support available in the community.

Questions?
bchftcommunications@nhs.net

BLACK HISTORY MONTH CONVERSATION

28 October
10-11.30am
on ZOOM

Register: bhmregisteroct2021.eventbrite.co.uk

Black Country Healthcare NHS Foundation Trust

Black Country Healthcare NHS Foundation Trust

What could we do to improve the lives of young people?

Join our friendly informal chat share YOUR

WHAT IF...

...you could change the specialist complex mental health needs services available for the person you care for?*

- What is working well?
- What needs to improve?
- What would you like to see in the future?

Join our friendly online chat

This informal group chat will be a safe space to share your experience and ideas with other carers.

5 October
10am-12noon
ZOOM

Register: bchft.mhtransformation@nhs.net

This conversation is part of our work to improve mental health services across the Black Country. Want to know more or want to get involved? Please contact us.

Help us shine a light on dementia

across the Black Country

Join our dementia webinars

Talk with others about dementia; the signs to look out for, how we can keep ourselves well and the support available across the Black Country. Everyone is welcome to join our friendly, informal chats.

Monday 17 May
10.30am - 12.30pm and 2.30 - 4.30pm
on ZOOM

HOPE AND INSPIRATION

A conversation about suicide for World Suicide Prevention Day

Friday 30 September
10am to 12.30pm
on ZOOM



Join us for a sensitive, community-focused suicide prevention event. Hear from survivors of suicide, and community and national experts. Make new connections, learn and get resources. Together we can create hope through action.

Register www.hopeandinspiration.eventbrite.co.uk

WE ARE WORKING TOWARDS A ZERO SUICIDE AMBITION

Black Country Healthcare NHS Foundation Trust

CAMHHS SUMMIT 2

CHILD AND ADOLESCENT MENTAL HEALTH SERVICES

7 June
10.30am - 12noon
on MS Teams



'You said, we're doing...'

If you are supporting children and young people in health, care, education and voluntary organisations please join us to hear about the developments we are making to improve the emotional mental health and wellbeing of children and young people living in the Black Country.

To register, please email bchft.pmo@nhs.net

Black Country Healthcare NHS Foundation Trust

in Tuesday afternoons, 5-6pm. Our chats and help us to make young people living in the Black

Events for young people, aged 18-25

Creating hope through action Black Country suicide prevention workshop

3 February 2022
9.30am-12noon

Register: bcsuicidepreventionworkshop.eventbrite.co.uk

The impact of suicide is felt by all of us. The solution to stopping suicide lies with all of us.

Black Country Mental Health, Learning Disabilities and Autism Community Mental Health Transformation

We welcome those working in health, care and the voluntary sector, as well as families and carers

IN-REACH TO CARE HOMES SERVICE

SUPPORTING CARE HOME STAFF AND RESIDENTS ACROSS THE BLACK COUNTRY

As part of our transformation of community mental health services we are launching a new In-reach to Care Homes Service across the Black Country. This service will help care home staff to manage more complex mental health needs within a care home setting, including mental health crisis.

At this event you can learn about the service within each Black Country locality (Dudley, Sandwell, Walsall and Wolverhampton), as well as network with others.

Wednesday 20 July
9.30-11.30am
on Microsoft Teams

Register: www.irtch.eventbrite.co.uk

Black Country Healthcare NHS Foundation Trust

Black Country Healthcare NHS Foundation Trust

Black Country Healthcare NHS Foundation Trust

COVID AND MENTAL HEALTH Winter Webinar

Thursday 2 December
11am to 12.30pm
ON ZOOM

Key speakers and Q&A
All welcome

WHAT IF...

...We had a Recovery College for the Black Country?

A place where people can come together and learn about mental health and recovery to help them feel more confident in the self-management of their own mental health. Where you can re-discover you. Where people with lived experience co-design and deliver courses, sharing their stories and experience with others. What could this look like for Dudley, Sandwell, Walsall and Wolverhampton?

Come along to a friendly chat on Zoom about our Recovery College dreams

Wednesday 11 August 6-7.30pm
Register: www.recoverycollege1.eventbrite.co.uk

Thursday 12 August 2-3.30pm
Register: www.recoverycollege2.eventbrite.co.uk

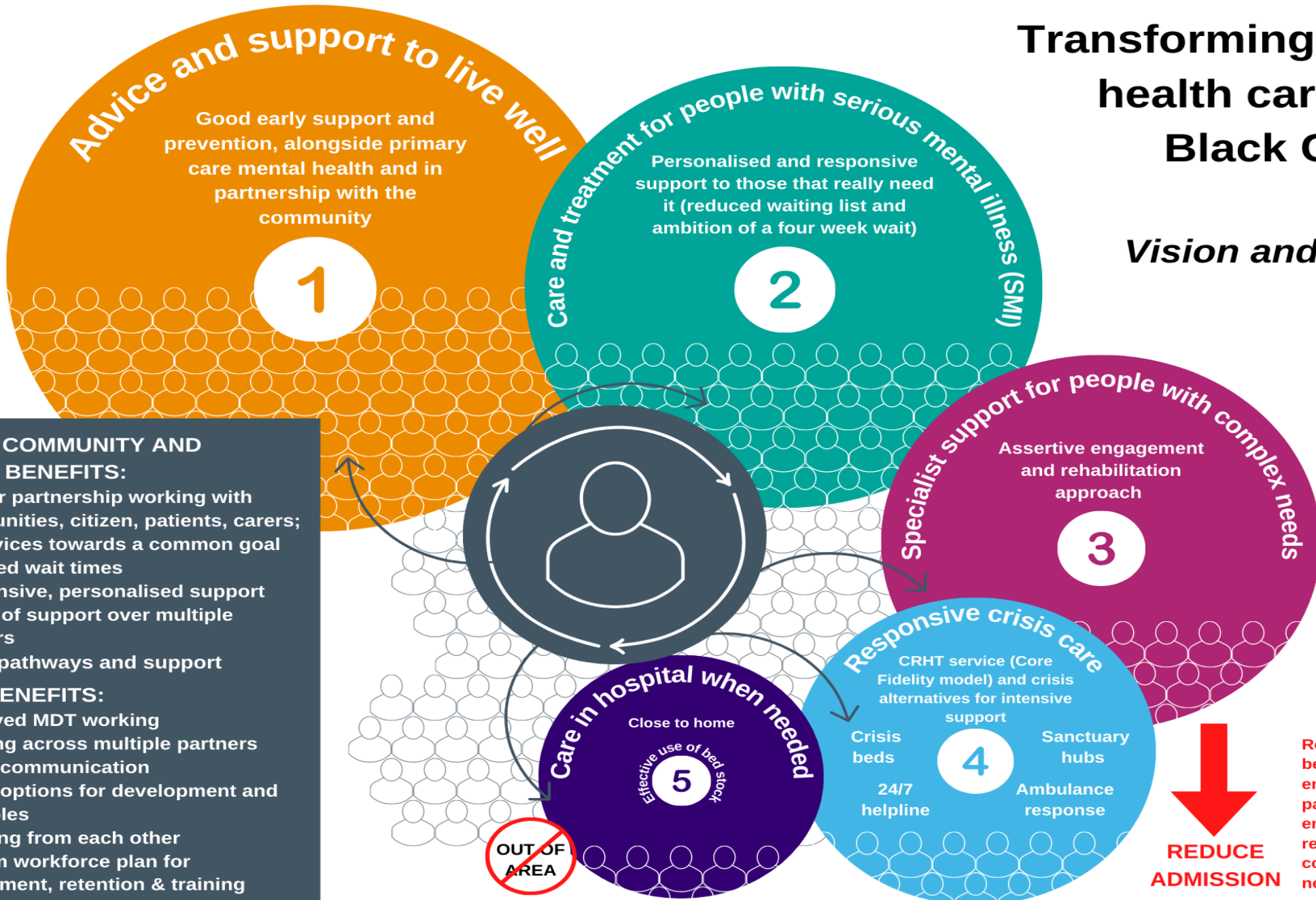
Questions?
bchftcommunications@nhs.net

The Recovery College FOR THE BLACK COUNTRY

Black Country Healthcare NHS Foundation Trust

Transforming mental health care in the Black Country

Vision and benefits



- Dynamic risk register approach
- Proactive mitigation development

Reduce out-of-area beds through enhanced community pathways for assertive engagement rehabilitation and complex emotional needs

CITIZEN, COMMUNITY AND PATIENT BENEFITS:

- Greater partnership working with communities, citizen, patients, carers; all services towards a common goal
- Reduced wait times
- Responsive, personalised support
- Range of support over multiple partners
- Local pathways and support

STAFF BENEFITS:

- Improved MDT working
- Working across multiple partners
- Better communication
- Better options for development and new roles
- Learning from each other
- System workforce plan for recruitment, retention & training

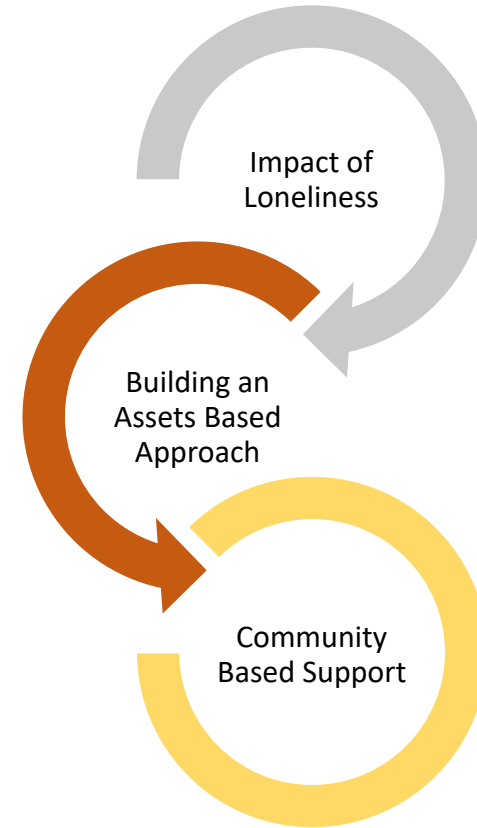
A flavour of what we have been doing

New maternal mental health (MH) service launched	Older adult in-reach into care homes clinical model developed and being implemented	First primary care MH practitioners appointed (co-located in Primary Care Networks (PCNs), PCN MH Hub under development	Community rehabilitation model developed and being implemented	Recovery College expansion across Black Country commenced	Older adult therapy service model developed and being implemented
Community inclusion worker model introduced as part of journey to advance health equalities	Admiral Nurse model developed and under implementation	Eating disorders in-reach into primary care model developed and being piloted	Good progress in developing enhanced approach to supporting 18-25 year olds' transition between CAMHS and adult MH services	Physical health model for people with severe mental illness – good progress in development	Expansion of all-age eating disorder model agreed across Black Country and under implementation
Single Black Country CAMHS core model agreed, to achieve best practice standards in all areas and under implementation	Single CAMHS crisis model across Black Country agreed, to ensure consistent support in all areas	Further expanded and embedded mental health support teams across educational settings inc. schools	Early Intervention in P'sychosis model that meets NCAP standards developed and under implementation across all areas	Continued expansion of employment support across Black Country and wider region– recognised as an exemplar service	Clear pathways between CAMHS and acute services have mapped, and being agreed and implemented across the Black Country - this will reduce variation in practice and provide a quicker and improved response for children and young people
Crisis sanctuaries set up across all four localities	Ambulance control rooms – MH nurses embedded within the 999/111 service	24/7 helpline embedded for urgent MH support for all ages across the Black Country	Successfully piloted introduction of Keyworkers for Children and Young People to work with service users who are inpatients or at risk of being admitted to hospital	Continued strengthening of psychiatric liaison support in line with core 24 standards, ongoing development of Crisis Home Treatment model	

A whole pathway approach: *Tackling Loneliness and Isolation*

Principles:

- Developing our services to respond to the needs of our communities in collaboration with them, and our partners
- Seeking to address the needs of those who are out of work and want work, or those that need to retain their employment
- Developing responses and interventions that tackle the wider determinants of health
- Developing prevention strategies and social capital to tackle loneliness



Let's Talk Project

- Developed as a response to the pandemic, utilising Charities Together funding
- Co-produced from patient feedback who requested support through well-being calls from our Employment Specialists
- Collaborative working with community organisations and partners
- Build service users social capital by supporting individuals through walk and talk activities, group sessions, cooking sessions, one to one support, confidence building and befriending opportunities.



Examples of Let's Talk Interventions

- 121 interventions over 6 sessions
- Utilising coffee mornings at community locations or virtual sessions
- Supporting local businesses and their staff with well-being conversations and support, including SMEs
- Supporting access to digital devices to promote inclusion
- Guest speakers attending group sessions such as The Samaritans, Diabetes UK, LGBTQ+ ,or our Community Development Workers
- Facilitate Let's Cook sessions to promote healthy eating and confidence building
- Quiz's, walk and talk, Recovery College sessions, or activities delivered by local football organisations
- Attendance at Health and Well-Being Events





Thank you – Any Questions

